

Senior Centers

■ Asian Community Center - ACC Rides

Transportation for shopping, medical appointments and other trips.

(916) 393-9026 ext. 330

■ Cordova Senior Activities Center

Transportation to/from senior center for events and meals.

(916) 366-3133

■ Galt Community Concilio, Inc.

Transportation for medical appointments.

(209) 745-9174

■ Senior Center of Elk Grove/ Dial A Ride Elk Grove

Transportation for medical appointments and congregate lunch meals.

(916) 686-4736

■ Stanford Settlement

Transportation for medical appointments and shopping.

(916) 927-1303

Department of Motor Vehicles

If your license is suspended or revoked for medical reasons or lack of knowledge or skill, you may ask DMV to reconsider your case. You may request to be retested, or request a restricted license. You may qualify for a Special Instructional Permit to allow you to take driving lessons from an accredited driving school or a licensed therapist.

If you have questions concerning your eligibility to drive, contact the Department of Motor Vehicles, Driver's Safety Field Office.

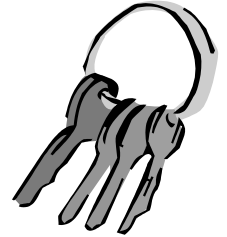
■ **DMV Driver's Safety Office**
(916) 227-2970
www.dmv.ca.gov

Information & Referral

Call for a complete listing of transportation options.

■ **InfoLine Sacramento**
(916) 498-1000
www.beehivesacramento.org

Are You Ready for Someone Else to Do the Driving?



A Guide for Sacramento County

Seniors: Finding the Right Transportation Option for You

Depending on where you live, there is an array of alternative modes of transportation that may be used to get around town. This brochure is intended to be a starting point for you to locate transportation options.

A Special Project of the
**SACRAMENTO COUNTY
ADULT AND AGING
COMMISSION**
(916) 447-7063

www.communitycouncil.org
*Staff Services Provided by Community
Services Planning Council*

Public Transit

■ Sacramento Regional Transit

A fixed route bus and Light Rail system in Sacramento County.

(916) 321- 2877

TDD: 483 - 4327

■ e-Tran Elk Grove

A fixed route bus system for the City of Elk Grove.

(916) 683-8726

■ Folsom Stage Line

A fixed route bus system for the City of Folsom.

(916) 355-8395

■ Neighborhood Rides

Shuttle service in specific neighborhoods for qualified disabled or elderly (over age 62) persons. Service may deviate off route for a personal pick-up.

(916) 429-2667

Last Updated July 2005

Mobility Training

■ Mobility Training

Personalized training available for people with disabilities and seniors for safe and effective use of public transit.

(916) 429-2009 ext. 343 / 352

Paratransit

■ Paratransit, Inc.

A door-to-door, shared ride service for persons 75 and older or persons unable to use buses and light rail due to a disability.

(916) 429-2009

TDD: 429-2568

■ Folsom Dial A Ride

A curb-to-curb transportation service that provides residents a special means of commuting within Folsom.

(916) 355-8347

■ Senior Nutrition Services

Transportation for seniors to senior dining centers for lunch.

(916) 444-9533

Special Transit

■ American Cancer Society

Medical appointments for cancer patients undergoing treatment.

(916) 446-7933

■ Breaking Barriers

Medical appointments for patients with HIV/AIDS or breast cancer.

(916) 447-2437

■ Sacramento Lao Family Community

Transportation to/from medical appointments.

(916) 424-0864

Other Options

See the Yellow Pages for Non-Emergency Ambulances, Medical Transport, Churches, Limousines, Senior Centers and Taxicabs.

Inclusion does not imply endorsement of services, nor does exclusion reflect on any organization's contribution to the community. Distribution on this brochure by DMV does not constitute endorsement of any services contained within this brochure.