

SACRAMENTO COUNTY ADULT AND AGING COMMISSION
MINUTES AUGUST 23, 2006 - REVISED

Adult & Aging Commission Attendance List:

Commissioners Present:

Al Blum
Lynn Avery
Bettie Howell
Frank Zolin
Cyrus Moazam

Geri Esposito
Barney Donnelly
Joseph Montoya
Janet Heath
Jim Sanford

Commissioners Absent:

Inderjit Kallirai
Jewell Senegal
Joe Samora
Peggy Forseth-Andrews
Rosemary Jones
Tessa Janian

Sheri Hufford
Lynn Davis, Ex-Officio, Sac County
Jim Lynch, Ex-Officio Citrus Heights
Aggie Hanchey, Ex-Officio Galt
June Gilmore, Ex-Officio Galt
Vincene Rogers-Jones, Ex-Officio City of
Sacramento

Guests Present:

Roman Romaso, Slavic Assistance Ctr.
Jack Kennedy, Jewish Family Services
Doris Sanford, Paratransit
Bernice Zaborski, DHHS
Stacy Vue, United Christian Ctr.
Guy Klopp, SAS

Katharine DeYoung, DHA
Melanie Rochin, CA Emerg. Foodlink
Patricia Snowdon, United Christian Ctr.
Jose Chacon, DHHS Volunteer Services
Leoma Lee, RAB – SHRA
Chris Hicks, CCL

Staff Present:

Nancy Yavrom, Program Coordinator
Kevin O'Keefe, Program Coordinator (ht)

CALL TO ORDER

Geraldine Esposito, Vice Chair, called the meeting to order. After welcoming the public and reminding everyone that the Commission is happy to answer questions any time from the audience, she informed the meeting that Ms. Forseth-Andrews would be unable to attend the meeting due to important family business.



CONSENT CALENDAR

The Agenda was amended. Under Action/Discussion Items, the “Focal Point enhanced definition” was dropped for the time being.

By consensus the amended Agenda was accepted.

The Minutes of July 26 were amended:

- ♦ Attendance: Commissioner Jim Sanford was present.
- ♦ Page 5, Liaison Updates, Mobility Advisory Council the last sentence was revised as follows: The misunderstanding has been cleared up, and *both parties now have a common understanding of the requirements.*

It was moved/seconded (Montoya/Blum) to approve the amended Minutes. Motion passed unanimously.

CHAIR’S DISCRETION

Ms. Esposito declined to make any comments.

REPORTS

Committee Chairs

Executive Committee –

- The two DMV Neighborhood Centers should be opened September 2006.
- The Committee is recommending to the Commission that it approve the legislative platform that is part of Action/Discussion later in the meeting. The current wording will cover issues that will be coming up in the next year.
- The supplemental report for the *Senior Profile 2004* is in process. It will include “Implications for Policy Makers” and will be 3-hole punched so future reports can be placed with it in a binder.
- Commissioner attendance at Commission and committee meetings was reviewed.
- The Committee decided to urge the Commission to support AB1334, an item in Action/Discussion that comes up later.
- During discussion of the upcoming 2007 Program of Work (POW), it was mentioned that the Oversight Committee might take on the issue of reviewing the entire system of older adult care to see how the various segments work together. Committees are formulating suggestions for their 2007 POW, and it will be the focus of discussion at the Commission’s October retreat.

PROD – Development of an outreach strategy is progressing.



After direct talks with CCL, plans from RCFEs will be made available for review. A meeting with a representative of the Department of Health Services Licensing and Certification is scheduled for tomorrow and should facilitate access to emergency plans for SNFs.

Oversight – Case Reviews, IHSS Protective Supervision was reviewed.

In October there is an opportunity for committee members and other Commissioners to audit the in-take process of APS.

Senior Profile Phase 2 Ad-Hoc Committee – The report presented in July by CSPC staff was revised from suggestions made during the July meeting. The information was greatly improved and offered more detail and analysis. The official DRAFT will be presented at the September 19 meeting. The report will be used to bring to the attention of policy makers the serious housing dilemma seniors in Sacramento County are and will be facing.

Commissioners

Jim Sanford – The public authority is offering two seminars for IHSS social workers with caregivers.

Cyrus Moazam– The Persian-American senior citizen group is doing well with many volunteers. Kevin O’Keefe supplied them with helpful guidelines and tips.

Geri Esposito – The housing ordinance requiring replacement units for SROs is before the Housing Commission on September 7th; then it will go to the Sacramento City Council.

Al Blum – As liaison to First Five, Mr. Blum announced the children’s celebration at Fairy Tale Town October 7th from 9:00 a.m. – 4:00 p.m. Members of the First Five Sacramento Advisory Committee will be taking a mandatory ethics training. As a participant, Mr. Blum recommended highly the AARP and the A4AA driving programs for seniors.

Lynn Davis – September 7th, the Senior Safe House will be breaking ground.

Staff –

Nancy Yavrom - A reminder was made to the Commissioners about turning in the General Applicant-Commissioner Information Form. Attention was brought to the stack of paper at each seat pertaining to the Action/Discussion items that could not be supplied with the mailing packet.

Kevin O-Keefe - Mr. O’Keefe told the Commissioners’ about to the upcoming outreach event in Del Paso Heights and requested volunteers.

Liaison Updates (10 minutes each)

Elder Death Review Team (EDRT) – Janet Heath: EDRT is a multidisciplinary team that meets monthly to investigate suspicious elder deaths. They look at what intervention could have been done to prevent the death. It is not a disciplinary body. It submits an annual report to the Board of Supervisors. This year the focus is on In-Home Supportive Services. Entities under review rotate on an annual basis.



Action / Discussion Items

a. AB1334 –There was much discussion not only about the bill but about the most desirable procedure to communicate the Commission’s support. There was an issue about funding, but this is a scope of practice bill and has no appropriations. Those hygienists that would be allowed to visit the “home bound” patient are specially trained to work with the elderly and infirm. They understand mouth symptoms that indicate other physical issues of the patient. It was recommended that a letter be sent to the Board of Supervisors (BOS) recommending this bill in principle because it may be changed again before it gets to a vote. However, staff must research the acceptability of this tact. An amendment to the recommendation suggested staff research the possibility of sending the letter directly to the legislature as well as the BOS based on the fact that the bill fits item 1 on the 2006 legislative platform.

It was moved and seconded (Donnelly/Montoya) to have staff follow through with a letter of recommendation based on the directives discovered while researching the two aspects of the recommendation with the Legislative Analyst. The Motion passed unanimously.

b. Legislative Platform 2007 – In its 2006 wording, the Executive Committee thinks it subsumes all the legislative priorities the Commission might have. A lively discussion ensued regarding the pros and cons of having wording that is too general or too specific. Ultimately, Mr. Donnelly called for the question. A motion was made to maintain the 2006 wording for the 2007 Legislative Platform.

It was moved and seconded (Donnelly/Esposito) to accept the 2007 Legislative Platform using the wording from the 2006 Legislative Platform. The Motion passed with a vote of 9 yeas and 1 nea.

PRESENTATION – Public Health Department, Dr. Glennah Trochet

There is a long list of adult immunizations other than influenza. December – March are the peak months for flu activity, February usually being the most active. Types of vaccines were explained. Types of influenza were described. Three prevention strategies were presented that help individuals avoid the flu: cover when coughing or sneezing; wash hands frequently with soap and water; stay at home if you are sick. This last strategy hits on a policy issue: If one does not receive benefits, one loses pay when staying home; usually these people will still go to work, even if they work in the service or food industry.

The recent heat event (July 16 – July 27) was touched on as it brought attention to some weaknesses in disaster preparedness plans. Official steps were not taken in Sacramento County until July 25. Three deaths were directly related to the heat; in five deaths it was a contributing factor, and in five more there is still need for investigation. The heat event was clearly of educational benefit to those who provide health and safety services in the County. Dr. Trochet mentioned the booklet published by UC Davis, *Are You Prepared?* and requested a review from the Program Review, Outreach, and Development Committee.



AGENCY REPORTS –

DHHS, Senior and Adult Services Division – Bert Bettis

- ◆ Lessons learned from the heat wave – even people on lists are not always ~~attainable~~ reachable because of the built-in limitations of the programs. 9524 clients of SAS programs were called and 5510 were reached. Seven of these required 911 services. Action should have been taken earlier. An emergency should have been declared. Because SAS is not computerized, they are now dealing with 17,000 pieces of paper. Funds for computerization are only part of the problem. Ms. Bettis will explain further at a future meeting.
 - ◆ Other issues related to the heat wave: there was transportation to cooling centers but not back home. Fans are not helpful in such heat conditions; cooling evaporators are needed. SAS staff is compiling a report that will be presented when it is ready.
 - ◆ 06-07 budget requests: 48 new staff have been requested and possibly 15 will be funded.
 - ◆ IHSS made their *Caring Matters*, Summer 2006 issue available as well as *The Second Report* covering January 1, 2003 – December 31, 2005.
- ◆ **Area 4 Agency on Aging – no report**

Department of Human Assistance (DHA) – Katharine DeYoung

- ◆ Meals on Wheels – community donations and additional County General Funds have eliminated the waiting lists, and the program has room to grow.
- ◆ The new kitchen in West Sacramento: move-in date is Monday, 9-25, and meals will be served; Open House – is Friday 10-20 in the afternoon. Commissioners will be sent invitations.
- ◆ The Senior Companion Program will hold its annual recognition luncheon 9-8-06.
- ◆ Foster Grandparent Program semi annual report: 104 volunteers; 1628 children 12 or younger served; 415 youth 13+ served; total volunteer hours 47,483
- ◆ RSVP – the program is seeking funding to give abbreviated CERT training; semi annual report – 567 volunteers worked 74,366 hours. Volunteer numbers are down, but volunteer hours are staying up.
- ◆ During the heat wave, drivers for Meals on Wheels were able to check in on all their clients.

PUBLIC COMMENTS - none

Adjournment

