

SACRAMENTO COUNTY ADULT AND AGING COMMISSION
MINUTES June 28, 2006 - REVISED

Adult & Aging Commission Attendance List:

Commissioners Present:

Al Blum
Lynn Avery
Bettie Howell
Frank Zolin
Cyrus Moazam
Janet Heath
Rosemary Jones

Tessa Janian
Barney Donnelly
Peggy Forseth-Andrews
Geri Esposito
Joe Samora
Joseph Montoya
Lynn Davis, Ex-Officio County

Commissioners Absent:

Sheri Hufford
Jewell Senegal
Inderjit Kallirai

Jim Lynch, Ex-Officio Citrus Heights
Aggie Hanchey, Ex-Officio Galt
June Gilmore, Ex-Officio Galt

Guests Present:

Ila Hall
Bert Bettis, SAS
Stephanie Rios

Katharine DeYoung, DHA
Melanie Rochin, CA Emerg. Foodlink
Juan Ynigues

Staff Present:

Nancy Yavrom, Program Coordinator

CALL TO ORDER

Peggy Forseth-Andrews, Chair, called the meeting to order. Ms. Forseth-Andrews welcomed the public and reminded everyone that the Commission was happy to answer questions any time from the audience.

CONSENT CALENDAR

There were no changes to the Agenda.

By consensus it was decided to approve the Agenda.

There were no changes to the Minutes of May 24, 2006



It was moved/seconded (Esposito/Montoya) to approve the Minutes. Motion passed unanimously.

CHAIR'S DISCRETION

Chair spoke about the success of the 4th Annual Centenarian Dinner. Twenty centenarians attended. Everybody came away from the event feeling reinvigorated, anticipating the 5th Annual dinner.

REPORTS

Committee Chairs

Oversight Committee – June was Case Review month, and the APS shared cases from the Emergency Services section. In October APS has invited the Oversight Committee to audit the intake process. There is also an invitation for Commissioners to go on a ride-along. The question was asked if other Commissioners may be part of this field trip, and the answer was yes. They must contact Geri Esposito as Chair of the committee. APS has made it clear that they are able to work only with small groups so some logistics will be involved.

Senior Profile Phase 2 Ad-Hoc Committee – Two representatives from the Sacramento Housing and Redevelopment Agency (SHRA) shared information from their 2003-2007 *Consolidated Plan* as well as work they are doing now for the 2007-2011 Plan. There is a great deal of information in the *Consolidated Plan* that was missed during the information-gathering phase of the *Senior Profile 2004*. Like the Profile, the Plan offers no action steps. It is used as a backdrop for decision makers such as the Board of Supervisors.

As yet there has been no progress with the Ad-Hoc Committee's report such as the mapping and statistical linking. CSPC has recently hired staff that should be able to put the project back into action.

PROD Committee – The Committee is redefining its outreach mission to insure it is going down the right path while creating its strategic plan of outreach. Contacts have been pursued to reach the Hmong, Middle Eastern, and Slavic communities with success.

The Committee has reviewed the major disaster plans for Sacramento County. They are very detailed for those who are involved with the planning and execution of the plan, but there is nothing so far for the citizenry. Efforts are still being made to review a random sampling of plans for Skilled Nursing Facilities and Residential Care Facilities for the Elderly. The largest gap in the spectrum of the populace is that large group of seniors and dependent adults who are not connected with any programs or services. A long discussion ensued with many Commissioners expressing their thoughts and concerns relative to this subject. It was



suggested that the PROD Committee narrow its scope so it can work with other agencies to help them fill the gap for senior and dependent adults.

Executive Committee –

Ex-Officios no longer have to be members of city councils. An effort is moving forward to gather those who are involved with senior services at the local level.

Focal Points are in a redesignation process by A4AA. There has already been agreement between A4AA and the Commission that Sacramento Focal Points need enhanced criteria. The Executive Committee is honing that criteria now and will present it to the Commission for approval in the near future.

The DMV brochure has been so successful that it has been updated and another supply will be printed soon. The Commission has had staff design a recruitment brochure that is still in the final stages of word crafting, then it will be sent to the printer as well. Funds from the 2005-2006 budget have been encumbered for these two printing jobs.

Commissioners

Lynn Davis – Ms. Davis offered to help arrange a presentation for the Commission with Mr. Rick Martinez, Director of Emergency Services. Ms. Davis also commended those who worked on the Centenarian Dinner because it was an excellent event.

Geri Esposito – Tonight MHSA is holding a public meeting from 6:30 – 9:00 p.m. in the Chambers of the Board of Supervisors. The Sacramento County Mental Health Board is holding the Public Hearing to receive testimony about the community planning process that resulted in the creation and submission of the MHSA CSS plan to the State.

Joe Samora – Mr. Samora commented on the excellence of the Hoarding Forum that was held Monday, June 26th.

Al Blum – Mr. Blum and Mr. Samora met with a representative of the Slavic community and found it very enlightening. There is an effort at the Slavic Community Center to get more programs for children/youth and seniors. There are more than 100,000 members of the Slavic community in Sacramento County, but not one senior center for them.

Peggy Forseth-Andrews – Two sets of interviews have been conducted recently. The first set involved the search for staff. There has been an offer made to one gentleman who may be coming on board soon. The second set was for a marketing firm to work with the Outreach subcommittee of the Strategic Plan for the Protection of Older Adults.

Janet Heath – Ms. Heath has arranged to meet the contact of the Hmong community in two weeks.

Cyrus Moazam – Dr. Moazam is helping an American/Iranian group that has started a program for Middle Eastern seniors. They meet in the Fair Oaks Library and are providing a wide range of activities and some services.



Frank Zolin - attended the Sacramento Regional Citizen Corps Committee (SRCCC) emergency response exercise, "Delta Breeze," on 6-17-06 as an observer. Exercise participants included dozens of members of the County Sheriff and Fire Departments and City Police and Fire Departments. Over 200 trained citizen volunteers, mainly Community Emergency Response Teams and Sheriff's Search and Rescue Teams were involved along with about 100 volunteers that played the part of injured victims.

Staff – Ms. Yavrom passed around forms to sign up for two outreach events. She also reminded the Commissioners of the upcoming 3rd in-service taking place July 13th with the DHA Volunteer Services Program.

Action / Discussion Items

a) Chair of the Nominating Committee, Bettie Howell, reintroduced the slate of officers for the 2006-2007 Executive Committee. They are Peggy Forseth-Andrews, Chair
Geri Esposito, Vice Chair
Joseph Montoya, Member-at-Large
Joe Samora, Member-at-Large

Barney Donnelly remains a member of the committee as Past Chair until December 31, 2006 when he will term off of the Commission. At that time the Chair will chose a member-at-large replacement.

It was moved by Tessa Janian to accept the slate as presented and seconded by Barney Donnelly. Motion passed unanimously.

b) Nominations from the floor came forward for the Nominating Committee of 2006-2007. The following names were offered:

- Lynn Avery – accepts nomination
- Frank Zolin – accepts nomination
- Janet Heath – accepts nomination
- Joseph Montoya – accepts nomination
- Bettie Howell – offers nomination

A voice/hand vote was taken and all were accepted unanimously.

PRESENTATION – Sacramento Hunger Coalition – Juan Yñiguez

Mr. Yñiguez has been involved with the Community Services Planning Council Board of Directors including serving as Chair for several years. He has most recently worked with the Hunger Commission and was asked to head up the committee seeking to redefine the commission and its purpose. Hunger is a winnable issue worldwide. It is a question of distribution. Statistics were offered demonstrating the link between poverty and hunger. A PowerPoint presentation accompanied Mr. Yñiguez' talk drawing attention to various goals attached to the different aspects of the problem. The new Hunger **Coalition** will use public



education, outreach, and advocacy to promote a solution to the problem of hunger. This will be a broad-based effort drawing from many spectrums of the community. The Adult and Aging Commission will be formally requested to be a part of the effort in September. He concluded with a question as to how the new commission can address the needs of seniors in Sacramento County. He is genuinely seeking Commission support. When the presentation became more informal discussion followed relating the rising cost of housing with the rising numbers of people and families experiencing hunger. There is, as yet, no rule of thumb for the percentage of a family's budget that should go toward food as there is for housing (30-40%). It was brought out that many seniors do not partake of community food programs including food stamps because of pride or lack of information. Whatever the issue, no body can force assistance onto an individual. Part of the education piece will look at the issues from an asset building approach so that something like food stamps will be looked at as a tool rather than a dole.

AGENCY REPORTS –

DHHS, Senior and Adult Services Division – Bert Bettis

- ◆ The letter regarding state funding has been received. Nothing has experienced a cut, but there are no increases in funding either.
- ◆ Many thanks to those who worked on the Centenarian Dinner including Peggy Forseth-Andrews who spearheaded it.
- ◆ Over 200 attended the Hoarding Forum. The presentation was excellent. There was a call to action, and many professionals signed up to help with planning and coordination. Public policy/legislation are areas that need much attention. For example, obsessive-compulsive disorder (OCD) is not part of the government's diagnosis set. A video was made of the program and will be showing soon especially for those on the waiting list.

Area 4 Agency on Aging – no report

Department of Human Assistance (DHA) – Katharine DeYoung

- ◆ Senior Nutrition Services received approval from the Board of Supervisors for the new facility in West Sacramento. It should be open in September.
- ◆ Senior Nutrition Services reported a waiting list of 500. The eligibility process is becoming less challenging to work with. Of the 500, 300 have been put into the program. For that increase, six new routes were initiated with a new truck and a new DHA car for delivering milk. The other 200 have been referred to various congregate meal programs.
- ◆ A large fundraising effort is going on for Friends of Milk on Wheels.

PUBLIC COMMENTS

Melanie Rochin of California Emergency Foodlink shared information about that program. More people, even those that are not considered "low income," are finding it necessary to use the service due to higher living costs including housing. The rules for the program are three



meals/day for three days. However, the need is so great that whenever possible the rules are being relaxed to help people out. The community and policy makers have to address the problems that drive people to the food closets.

Adjournment

