

# SACRAMENTO COUNTY ADULT AND AGING COMMISSION

Commission Minutes 3-23-05

## Adult & Aging Commission Attendance List:

### Commissioners Present

Peggy Forseth-Andrews, Chair  
Tessa Janian, Vice Chair  
Devara Berger  
Al Blum  
Barney Donnelly  
Geri Esposito  
Norman Fong  
Rosemary Jones

Bettie Howell  
Janet Heath  
Jewell Senegal  
Nejla Shifa  
Lynn Davis, Sacramento County Ex-  
Officio  
Jayna Karpinski- Costa, City of Citrus  
Heights Ex-Officio

### Commissioners Absent

Linda Deavens  
Reggie Williams  
Kelly Patterson  
Mary Ann Chappelle

Jim Sanford  
Aggie Hanchey, Galt Ex-Officio  
Vincene Roger-Jones, Sacramento Ex-  
Officio

### Guests Present

Bert Bettis, Senior Adult Services  
Judi Turteltaub, Jewish Family Services  
Linda Hoschler, Hart Senior Center  
Bernadette Lynch, IHSS Public Authority  
Suzanne Leininger, Pioneer Towers  
Marie Nitz, Geriatric Network  
Cordia Wade, Senior Advocate  
Chris Hicks, Community Care Licensing  
David Mandel, Senior Legal Hotline  
Isabel Zepeda, CSUS Gerontology  
Student/ UCD Healthy Aging Intern

Barbara Walters, CSUS Gerontology  
Student/ UCD Healthy Aging Intern  
Pat McVicar, A4AA  
Jane Williams, Retired Clinical Social  
Worker  
Deacon Leon Gibson  
Faye Mikiska, IHSS Advisory Council  
member  
Guy Klopp, Senior Adult Services, IHSS  
Karen Oosterman, City of Folsom, Parks  
and Recreation District

### Staff

Amy Noakes, Senior Program Manager

Esther Flatto, Program Associate

## I. CALL TO ORDER

Peggy Forseth-Andrews, Chair called the meeting to order. A quorum was in attendance. Ms. Forseth-Andrews reminded everyone that the Commission was happy to answer questions any time from the audience.

## II. CONSENT CALENDAR

Discussion of SB 308 has been deferred until April. A4AA Senior Employment Program was rescheduled for August. **It was moved (Fong), seconded (Shifa) to approve agenda as amended. Motion passed unanimously. It was moved (Howell), seconded (Blum) to accept the minutes as written. Motion passed unanimously.**

### **III. REPORTS**

#### **A. Chair's Discretion**

Marion Houpt has broken her hip; replacement surgery has occurred and she will be leaving the hospital for rehabilitation. A4AA plans to recognize Ms. Houpt at their May Advisory Council meeting in Sacramento. Esther Flatto's last day is April 4th. She has taken a position as Program Associate with the Foundation Consortium.

#### **B. Committee Chairs' Updates**

##### **1. Executive Committee—Peggy Forseth-Andrews**

The outreach agreement was signed between Info Line and the AAC. Ms. Lynn Davis announced that the A4AA Governing Board's minutes were not accurate regarding Info Line's funding. The Governing Board is reconvening in April for reconsideration. Language regarding Community Members was developed for the Rules and Procedures. Mr. Donnelly was appointed the AAC representative on the Healthy Aging panel about transportation. Also approved was a PowerPoint submitted by Outreach.

##### **2. Program Review and Development Committee- Tessa Janian**

A4AA Joint Program Evaluation Committee (JPEC) reports were reviewed.

##### **3. Outreach Committee – Al Blum**

Mr. Blum thanked the Commissioners who participated at the Senior Celebration Day at the Sacramento Zoo and the African American Healthy Aging Summit. A recommendation to participate in the Festival de la Familia on April 24 was submitted. A strategic plan for outreach is being developed and a new flyer for commissioner recruitment was forwarded to Executive Committee for approval.

##### **4. Oversight Committee – Peggy Forseth-Andrews**

Senior Adult Services provided their bi-annual report. In addition the IHSS re-design was discussed.

#### **C. Commissioner's Comments**

- Barney Donnelly stated that discussion about the future of the Transportation Air Quality Collaborative is in process. Human Services Coordinating Council (HSCC) has requested the Commissioners to submit their key issues on mental health. Submission included undiagnosed mental health issues in seniors; SB 910 / Long Range Strategic Plan on Aging recommendations; trained geriatricians; suicide rate for senior males; facilities needed for dementia; mental health stigma; depression; funding for dementia and Alzheimer's. Mr. Donnelly facilitated a panel on transportation for UCD Healthy Aging series where Dr. Beverly Scott with Regional Transit noted the potential of a Measure B.



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- Bettie Howell is in her third year as a participant in the UC Davis mini-medical school. She attended a dinner hosted by the City of Sacramento to kick off a series of public comment forums on the city general plan.
- Devara Berger announced that Sacramento was selected to participate in a Consumer Reports Best Buy Pilot Drug Project. Each month one drug is tested for “best buy” for quality and cost.
- Jayna Karpinski-Costa, ex-officio for Citrus Heights, announced that she has arranged for the Commission to receive a proclamation for Older Americans Month from the Citrus Heights City Council. Silver ribbon corsages will be presented to Council members.
- Lynn Davis, ex-officio for the County of Sacramento, announced that Placer County is now looking into creating a Senior Safe House.
- Jewell Senegal felt that sharing one table with Info Line at the Healthy Aging event was cumbersome and that Outreach should address this issue. Ms. Forseth-Andrews responded that there was a mix-up for that event and when sharing future events with Info Line, that problem should not occur.
- Geri Esposito provided testimony at the White House Conference On Aging: Solutions Forum. She attended her second SRO Task Force meeting and will keep the Commission apprised on any developments.
- Janet Heath also attended the White House Conference on Aging and the California Commission on Aging, Planning for an Aging California on March 1-2 where reports were made on three of the 11 Task Teams from the Long Range Strategic Plan on Aging (SB910 Vasconcellos).
- Al Blum shared an article about senior driving.

**D. Staff Updates**

No report.

**IV. AGENCY REPORTS**

**A. DHHS Senior and Adult Services Division - Bert Bettis**

Bert Bettis introduced Guy Klopp, Program Manager for IHSS QA. Mr. Klopp stated that work has begun statewide on IHSS re-design. Meetings and workshops are in progress looking at quality assurance, assessments, staff training, forms, regulations, time for tasks, and other aspects of consumer involvement with IHSS. Mr. Klopp is in the process of filling his unit’s positions. His goal is to provide initial training to the new team, and then have the team take an in-depth look at consumer contact with the IHSS system to determine best practices or areas for improvement. Ms. Heath asked how much public education would occur. Mr. Klopp replied that public education is not a key component yet; rather they are looking for others to educate them by identifying best practices in the system. Ms. Berger asked if the process was consumer driven. Mr.



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Klopp answered that there are three levels being addressed in the re-design: the end-line consumer; providers; and the workforce. Changes will occur both at the state and local level.

**B. Senior Nutrition Services - Laura Piraski**

Senior Nutrition Services is very concerned about the President's proposal to consolidate and cut the funding for the Community Development Block Grant (CDBG) and merging it with more than a dozen other programs under a *Strengthening America's Communities Initiative* beginning in 2006. 12% of funding for SNS in Sacramento comes from CDBG funding. If cuts are made as proposed, 442 seniors would lose their daily meal service in Sacramento County alone. **A motion was made (Janian), seconded (Senegal) to write a letter asking the Board of Supervisors to adopt a Resolution in opposition of CDBG cuts. Motion passed unanimously. Staff will obtain a copy of the Citrus Heights Resolution to use as a sample.** Currently there are 32 seniors on the waiting list for home-delivered meals. New routes have been established in South Sacramento and Citrus Heights, however a car is needed for delivery. Finally, the Ballroom in Folsom is the newest congregate meal site; it is funded by A4AA funds.

**C. A4AA - Pat McVicar**

Upcoming workshops: April 19 - Grandparents and IEPs for Grandchildren; April 7 - Multicultural training for the Hmong and Russian population. One time only (OTO) funding was awarded to Senior Legal Hotline, Stanford Settlement Transportation Program, Senior Center of Elk Grove, A4AA Employment Program, and Senior Nutrition Services congregate and home delivered meals. Ms, Mc Vicar explained how OTO funds are used to enhance programs with materials they otherwise would not be able to afford.

**V. Liaison Updates**

**A. Sacramento Financial Abuse Specialist Team - Thomas Harris**

Sac FAST has been nominated for this year's People Helping People award. Mr. Harris reviewed Sac FAST history and logistics for new Commissioners. Upcoming events include a presentation on "Protecting Assets" on May 11, 2005 for UCD. In February 2006, Sac FAST will be conducting training for banks regarding financial abuse. Ms. Forseth-Andrews commended Mr. Harris for their work in the community and the hours contributed by the volunteer team members. A member of the audience stated that she had been a victim of financial abuse through unlicensed private fiduciaries and would like the FAST team to address licensing of those entities. A question was raised on the status of AB 1605 requiring banks to be mandated reporters. Mr. Harris stated that banks are fighting it by drafting their own bill stating that financial institutions should only be required to voluntarily report. How are cases referred? There are a variety of



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mandated reporters: law enforcement, District Attorney's office, clergy, etc. Lawyers however are not mandated reporters due to client confidentiality. Some mandated reporters are also unaware of their responsibility.

**B. First 5 Sacramento Commission - Al Blum**

A fact sheet was disseminated outlining the members and goals of the First 5 Sacramento Commission. Mr. Blum is the Commission's liaison on this group. He represents grandparents raising grandchildren for the Commission.

**VI. PRESENTATIONS / DISCUSSIONS**

**Senior Legal Hotline - David Mandel**

Mr. Mandel disseminated a variety of handouts about the Senior Legal Hotline. Highlights of the program include an increase in clients served since 2004; providing service statewide; moving to a new larger location; developing new programs such as a Mediation Department; and identifying trends such as the FTB amnesty letter. Potential activities that are upcoming include: pension counseling HUD-certified counselors for reverse mortgages; Americorps\*VISTA volunteers; and they are always looking for better sustained funding at all levels.

**VII. ACTION ITEMS**

**A. Rules and Procedures - additional language on Community Members**

**A motion was made/seconded, Heath/Janian to accept the revised language for the Rules and Procedures on Community Members as stated in the meeting. Motion passed unanimously.**

**B. Committee Assignments**

**Motion made/seconded, Donnelly/Blum, to ratify the committee appointments of Nejla Shifa and Janet Heath to Outreach, and Geraldine Esposito to Oversight. Motion passed unanimously.**

**VIII. OTHER /ANNOUNCEMENTS**

**IX. ADJOURNMENT.**

