

**SACRAMENTO COUNTY ADULT AND AGING COMMISSION**  
**MINUTES February 22, 2006 - REVISED**

**Adult & Aging Commission Attendance List:**

**Commissioners Present:**

Al Blum  
Barney Donnelly  
Bettie Howell  
Frank Zolin  
Geri Esposito  
Lynn Avery

Joe Samora  
Jewell Senegal  
Peggy Forseth-Andrews  
Janet Heath  
Jim Sanford  
Rosemary Jones

**Commissioners Absent:**

Cyrus Moazam  
Kelly Patterson  
Reggie Williams  
Tessa Janian  
Maxine Quitiquit

Aggie Hanchey, Ex-Officio Galt  
June Gilmore, Ex-Officio Galt  
Jim Lynch, Ex-Officio Citrus Heights  
Lynn Davis, Ex-Officio County

**Guests Present:**

Pat McVicar, Area 4 Agency on Aging  
Bert Bettis, SAS  
Celia Esquivel, AARP  
Kelly Lum, CRP  
B. Lynch, Public Authority  
Mark Montgomery, El Hogar

Katharine DeYoung, DHA  
Laurie Simon, InfoLine  
Karen Mantegani, SSA  
Melanie Rochin, CA Emergency Foodlink  
Doris Sanford, Paratransit

**Staff Present:**

Nancy Yavrom, Program Coordinator

**CALL TO ORDER**

Peggy Forseth-Andrews, Chair, called the meeting to order. A quorum was in attendance. Ms. Forseth-Andrews welcomed the public and reminded everyone that the Commission was happy to answer questions any time from the audience.

**CONSENT CALENDAR**

**It was moved/seconded (Avery/Blum) to approve the agenda. It was approved by acclamation.**



There were changes to the Minutes of January 25, 2006. Page 2, in the Questions/Answers section under the presentation by Nancy Kays of SACOG, the first response regarding who is in charge of the mobility study states, "The public is making the determinations...." Staff is to contact Nancy Kays and clarify the answer. On Page 5, the first paragraph under the DHHS report by Bert Bettis, the wording is unclear in the last sentence and has to be rewritten to clarify the connection between the flat state budget and the state level office for APS remaining a half-time position.

**It was moved/seconded (Heath/Esposito) to approve the Minutes with corrections. Motion passed unanimously.**

## LIAISON UPDATES

### In-Home Support Services Public Authority Advisory Board – Jim Sanford

- The Board is considering joining a statewide organization composed of other public authorities in order to gain access to more resources and ideas.
- The Subcommittee on Education has made a list of all the areas in which health care providers should have training. Liaisons with such organizations as UC Davis Med. Center and Eskaton have been formed to help with implementation.
- A conference for Homecare Providers is being held at the Convention Center March 20-21, 2006.
- There is an effort to write letters in other languages to consumers to invite them to attend a meeting in their area, expressing the need for their input. Russian is the first language chosen. In time other languages will also be used.

*Questions/Answers: Why was Russian chosen? It is the language used by the larger population using services. When will the letters in the other languages start going out? There is no set date, but it is in process.*

### Elder Death Review Team – Janet Heath

- Sacramento County is the first in the nation to have such a Team. They do a very detailed investigation of questionable deaths of seniors. The team is multi-disciplinary, but a geriatrician is definitely needed to determine the difference between the causes of death and natural aging processes at work. There is always controversy as to whether the death was of natural causes or abuse.
- The investigations look at, among other things, whether there were gaps in the way the case was handled; could intervention have been a deterrent if administered earlier?
- Sometimes there is no right answer.

*Questions/Answers: Does "undue influence" come up in the investigations? It is a "skirted" topic that needs more review and study. Team members do get additional training in the various syndromes associated with continued abuse and neglect. Is*



*there a common thread among victims?* There is a common thread in their living situation. Most victims live in the community rather than communal facilities.

**PRESENTATION: InfoLine Sacramento, Laurie Simon, Director**

Ms. Simon passed out a packet with the typical materials used by InfoLine. InfoLine Sacramento is a program of the Community Services Planning Council and receives support from Sacramento Housing and Redevelopment Agency, Area 4 Agency on Aging, the Sacramento County Superior Court and the Sacramento Public Library. InfoLine is the designated Information & Assistance program for seniors in Sacramento County, although the free, multi-lingual service is for everybody in the county regardless of his or her age.

- The *2006 Senior Guide* should be ready for distribution soon.
- In process of becoming a 211 provider which will make them a 24/7 nationwide information provider during emergencies.

*Questions/Answers: How does 211 differ from the city's reverse 911?* Ms. Simon was unfamiliar with that program and will get a clarification to staff regarding 211, 311, 911, and reverse 911. *What is the project starting date for 211?* As yet there is none. Funding has to be established, especially with the various cities in Sacramento County. *Does InfoLine have a clearly defined role in disaster planning?* Works is being done on that now between InfoLine and several relevant groups.

**ACTION/DISCUSSION ITEMS**

**Nominating Committee Vacancy**

The Committee has only three remaining members due to two resignations: Bettie Howell, Chair, Geri Esposito and Al Blum. Jewell Senegal resigned from the Committee due to family demands. Kelly Patterson is going to resign from the Commission because of her new assignment with Senator Ortiz. In reality, the Nominating Committee is the most important committee of the Commission because it selects the membership and therefore puts the "face" on the Commission. Commissioner Jim Sanford has agreed to be a member at the request of the Commission Chair, Peggy Forseth-Andrews. **It was moved and seconded (Howell/Esposito) to accept the submission of Mr. Sanford's name as a member of the Nominating Committee. The vote was unanimous in favor.** Barney Donnelly nominated Commissioner Joe Samora to be a member as he has extensive interviewing experience. **It was moved and seconded (Donnelly/Blum) to accept the nomination of Joe Samora to the Nominating Committee. The vote was unanimous in favor.**

**AGENCY REPORTS**

**DHHS, Senior and Adult Services Division (SAS) – Bert Bettis**

Ms. Bettis had several handouts for the meeting.



- Recently Senior Adult Services (SAS) went through a process of choosing those values that guide their actions with each other and the community. A laminated half-sheet with these Values, the Vision and the Mission was given to each Commissioner as well as a mug celebrating the values.
- Revised organization charts for In Home Support Services (IHSS) were made available. These charts reflect changes made in the IHSS Specialized Services Unit, the Broadway Office, and pending changes for the Watt Office/Rancho Cordova.

*Questions/Answers:* Ms. Bettis was asked about a Fraud Unit and she said there is one being contracted with the Department of Human Assistance (DHA) for criminal investigators. When asked about budget concerns, she said she would be presenting those at the next Commission meeting.

#### **Area 4 Agency on Aging – Pat McVicar**

Ms. McVicar handed out the timeline for Phase 2 of the Request for Proposals 2006-2010 funding cycle. Phase 2 focuses on caregiver services and community-based services. The names of the Phase 2 Community Review Team must be submitted by March 10, 2006.

Ms. McVicar shared copies of AB1928 and AB1929 accompanied by a draft letter for each requesting support from the Board of Supervisors. Both bills have to do with the way funds for A4AA are handled. AB1928 would free up Federal funds even if a state budget has not been passed on time. AB1929 supports electronic transfer of funds. Currently funds are mailed to the agency, even sums as large as \$1 million. If these checks are delayed in the mail, the funds cannot be distributed to providers depending on them to maintain services. **This item will be placed on the March Agenda of the Commission.**

The new Prescription Drug Plan Sign-up Assistance program was brought up with more detail. There is money for 200 people with a thrust toward people of ethnicity and those residing in rural areas.

*Questions/Answers:* *Who determines pharmacy eligibility?* That is determined by the plan chosen.

#### **Department of Human Assistance (DHA) – Katharine DeYoung**

The budget is in a holding pattern but may experience some growth.

One of the program's Foster Parents since 1978, Ora Rakestraw, now 88 years old, is a finalist in Met Life's National Volunteer of the Year.



The Senior Companion Program is applying for funds.

The status of the Senior Nutrition relocation and Meals on Wheels will be given at the March meeting of the Commission.

## **REPORTS**

### **Committee Chairs**

#### Program Review, Outreach, and Development (PROD) – Barney Donnelly

Plans are going forward to have all the cities in the county and the Board of Supervisors pass a resolution recognizing May 2006 as Older Americans Month. A possible display for some libraries to honor the month is being worked on. The Committee has acquired a copy of the County's Disaster Preparedness Plan. A document about the Purpose of the Disaster Preparedness study being taken on by the Committee was given to Commissioners.

#### Oversight – Al Blum, Vice Chair

The last meeting was a case review with the Public Conservator/Guardian/Administrator division. There are two types of conservatorship: the regular kind for those unable to manage their own affairs and LPS, which is for those with psychiatric conditions.

There will be an in-service with Bert Bettis on March 14 for those Commissioners interested in learning in more detail what SAS does. Other in-services are being planned for the near future. Commissioners were requested to think of subjects they think would be of benefit to the Commission and share them with staff.

#### Senior Profile Phase 2 Ad-Hoc Committee – Barney Donnelly

The Committee's work is focusing on making the housing information in the *Senior Profile* more relevant, updated, and useful.

#### Executive Committee – Peggy Forseth-Andrews

The DMV/Focal Point collaboration is moving along with two pilot sites being chosen for the Senior Neighborhood Information Centers, namely Ethel McLeod Hart Multipurpose Senior Center and the Senior Center of Elk Grove. A DMV representative will visit the sites once a month. Sample tests and on-line driving tests will be available along with physical testing. Many agencies, particularly in southern California, have been interested in the relationship between DMV and the Commission. For example, the pamphlet itself is not unique but that DMV is distributing it is unique.

There will be a slight change in the order of things on next month's agenda.



The Committee is not pleased with current Ex-Officio attendance and is looking at soliciting more grassroots representation from the cities. These representatives would be those who are working with senior and dependent adults at their local level.

**Commissioner's Comments**

Frank Zolin – Attended a recent meeting of the Citizen Corps Council and came away with a positive sense about what they are doing. He was very impressed with their communication system.

Lynn Avery – As a member of the Oversight Committee she has been researching Room and Board facilities, coming against many barriers. These types of facilities are being researched because they require no licensing but probably should.

Al Blum – First 5 is holding its 4<sup>th</sup> annual children's program at Fairytale Land on October 7<sup>th</sup>.

Bettie Howell – An outstanding program about nursing homes and one that dares to be different was recently aired on KVIE. It will be repeated April 4<sup>th</sup>. Details about it can be found at [almosthome.org](http://almosthome.org)

Peggy Forseth-Andrews – The 4<sup>th</sup> Annual Centenarian Dinner will be held June 24<sup>th</sup>. The two oldest attendees will be 109 years old. Tickets for the event will cost \$75.00 with the proceeds going to support lost state and federal funds.

Adjournment

