

# SACRAMENTO COUNTY ADULT AND AGING COMMISSION

Commission Minutes 1-26-05

## Adult & Aging Commission Attendance List:

### Commissioners Present

Peggy Forseth-Andrews, Chair  
Tessa Janian, Vice Chair  
Al Blum  
Linda Deavens  
Barney Donnelly  
Geri Esposito  
Norman Fong  
Bettie Howell

Janet Heath  
Kelly Patterson  
Jewell Senegal  
Lynn Davis, Sacramento County Ex-  
Officio  
Jayna Karpinski- Costa, City of Citrus  
Heights Ex-Officio

### Commissioners Absent

Reggie Williams  
Devara Berger  
Nejla Shifa  
Mary Ann Chappelle  
Rosemary Jones

Jim Sanford  
Aggie Hanchey, Galt Ex-Officio  
Vincene Roger-Jones, Sacramento Ex-  
Officio

### Guests Present

Bert Bettis	Senior Adult Services
Dave Soto	A4AA
Chris Hicks	Community Care Licensing
Linda Hoschler	Hart Senior Center
Dick Ryder	SAIF
Katharine De Young	Dept. Human Assistance
Anne Spaller	Del Oro CRC
June Gilmore	Galt Commission on Aging
Marion Houpt	A4AA
Judy Turteltaub	Jewish Family Services
Marie Nitz	Geriatric Network
Laurie Simon	Infoline
Lisa Smith Youngs	Senior Connection
Janine Brown	DHA
Linda Eisenman	

### Staff

Amy Noakes, Senior Program Manager

Esther Flatto, Program Associate

## I. CALL TO ORDER

Peggy Forseth-Andrews, Chair called the meeting to order. A quorum was in attendance. She welcomed new Ex-Officio Member of the City of Citrus Heights, Jayna Karpinski-Costa. Jayna is a Veterinarian and was recently elected to City Council for the City of Citrus Heights. Peggy informed the Commission that Commissioner Reggie Williams suffered a stroke earlier in the week and there is currently no update on his condition. A card was sent around the room and a plant will be sent to his home.

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### II. CONSENT CALENDAR

- a) Amendment- Lana Harrington will not be here to present.
- b) Due to non-substantive errors, a new packet was put together. Content, other than the Oral Health Care materials, was not changed, only revisions to spelling and additional information were included.

**It was moved (Deavens), seconded (Senegal) to approve the consent calendar as amended. Motion passed by unanimous consent.**

### III. REPORTS

#### A. Chair's Discretion

There will be a meeting on February 15<sup>th</sup> from 11:00 a.m. to 1:00 p.m. at Senior Adult Services to discuss the next phase of the Senior Profile.

Ms. Forseth-Andrews recognized outgoing Commissioner Richard Desmond Jr., who served as Chair of Oversight Committee and currently works for California Highway Patrol. He thanked everyone on the Commission and expressed having a wonderful experience, but due to time constraints he cannot continue to serve as Commissioner. He was also congratulated at the news that he is expecting his second child!

#### B. Committee Chairs' Updates

##### 1. Program Review and Development Committee – Amy Noakes (for Reggie Williams)

There were two guests from the County Department of Transportation at the last meeting regarding comments from the Commission about the proposed Signal Phase Walk Time in the County ADA Transition Plan. It was discussed that the proposed time for crosswalks is too short and the Commission recommended a walk time of 2.5 ft./second to help accommodate the increasing number of seniors. The County's proposed 3 ft/second will depend on the area/location, traffic, and crosswalk. There is currently no agreement on speed for crosswalks, but the County must take into account the growing number of older adults and may consider technological advances such as crosswalks that adjust to an individual's speed.

##### 2. Oversight Committee – Kelly Patterson

The Committee proposed conducting bi-monthly case reviews instead of quarterly. This would mean that Oversight would meet every month, with alternating months dedicated to conducting case reviews. Their next case review will be looking at the Public Guardian/Conservators office.

She also stated the Committee was approached to provide a letter of support to the Board of Supervisors for IHSS Background Checks. **A motion was made (Patterson) and seconded (Fong) that the AAC offer a letter of support for background checks for IHSS registrants. Motion passed unanimously.**

##### 3. Outreach Committee – Al Blum

Mr. Blum informed the Commission that Outreach Committee is in need of more Commissioners. The Committee proposed switching meeting times from the third Thursday of every month to the 2<sup>nd</sup> Tuesday of every month at 1:30 p.m. He informed

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the commission that there was an excellent turn out at the KCRA-3 Health & Fitness Expo at Cal Expo earlier in the month. Outreach Committee approved a Power Point presentation for use by Commissioners and it will go to Executive Committee for final review.

#### 4. Executive Committee—Peggy Forseth-Andrews

The Committee discussed how the year-end report and the new goals for 2005 would be presented to the Board of Supervisors. The Committee also agreed to write the letter that PRD requested to Mr. Franke and Mr. Maas on the ADA Transition Plan. There are now guidelines up on the AAC website for individuals requesting sponsorship or support from the Commission. The Strategic Plan of Protection is now in its final review. June 11 is the Centenarian Dinner.

#### C. Commissioner's Comments

- Linda Deavens has been elected Chair of the California Association of Coordinated Transportation. A Mobility Summit is scheduled for March 7.
- Geraldine Esposito said she is concerned that there is not enough representation of older adults regarding the planning for the Mental Health Services Act.
- Jewell Senegal attended a conference on *Improving the Health of Older Women of Color* at Stanford University. She provided the Commission with a copy of the report for use as a resource.
- Al Blum said the Human Services Coordinating Council (HSCC) has information about the *Human Services Element* on the CSPC website. There will be a meeting on Wednesday, February 9<sup>th</sup> at 6:00 pm at Paratransit to discuss the draft Element before it is presented to the Board of Supervisors in March as part of the General Plan. He encouraged Commissioners to review the information on the website and come to the meeting ready to discuss.
- Barney Donnelly said that Sacramento County is the only county that has included a Human Services Element as part of its General Plan. The *Element* establishes human services as a component of land use policy and planning and looks at the role that human services should play. The Board of Supervisors has been informed that this is the direction that human services are moving. Additionally, the HSCC is looking at its role in the new Mental Health Services Act. The Mobility Coalition is redefining its role. He will be representing the Commission on a UCD series regarding transportation on March 14.
- Lynn Davis reported that she now has a new Supervisor, Susan Peters, and her new Chief of Staff is Howard Schmidt. Ms. Peters is looking into streamlining procedures in the County. Placer is interested in creating a Senior Safehouse in their area using the Sacramento model.
- Peggy Forseth-Andrews suggested that the County look into establishing an 800-number for the South county area. There will be a Spring Cleaning Day at the Cathedral Neighborhood Center on Saturday 2/05 10am-2pm. This is being done to draw attention to the importance of services offered and the financial needs of the Center. Come prepared in work clothes with a bucket and supplies. Please RSVP to Amy to make sure that a lunch is provided.

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### **D. Staff Updates**

Amy Noakes reported that the City of Sacramento, Older Adult Services is working on a Livable Communities Study in hopes of making Sacramento a senior-friendly community. Neighbors within each City Council District will determine obstacles that hinder seniors from living safely and independently in their neighborhoods, and in turn will receive a \$15,000 grant at the close of the project to make an improvement, of their choice, for neighborhood seniors. Possibilities include purchasing a van for transportation, repairing a sidewalk, building a bus stop cover, etc. Ultimately, the findings from the study will be reported to government leaders in hopes of influencing policies regarding senior issues. They are in need of a team leader for district 6 but can also use team members.

80 Senior Profiles were distributed to Gerontology students at CSUS and American River College. Please let us know if you need more or know someone who would like to receive a copy.

According to A4AA, they think the AAC was responsible for getting over 1/3 of the surveys back in (although an official count has yet to be made). Will Tift said he would like to work with PRD on the results of the survey.

### **E. Old Business**

The Adult and Aging Commission has reached an agreement with the DMV to disseminate brochures to seniors and individuals with disabilities whose licenses have been revoked. They will distribute the brochure in revocation letters and in kiosks at field offices. This will be a pilot project in Sacramento County that will eventually affect policy throughout California.

## **IV. AGENCY REPORTS**

### **A. DHHS Senior and Adult Services Division - Bert Bettis**

The Elder Death Review Team (EDRT) presented their report to the Board of Supervisors on January 4<sup>th</sup>, and *A Day in the Life of APS* was presented on January 18<sup>th</sup>. In May, the Strategic Plan of Protection will be presented to the Board.

IHSS Quality Assurance is being implemented. Meetings have been held across the state. Concerns include outdated regulations, lowered wages, and service delivery quality.

There will be a Medi-Cal Redesign public briefing on Thursday, January 13<sup>th</sup>, from 1:00 p.m. to 3:00 p.m. at the Department of Health Services Main Auditorium. Ms. Bettis asked that someone from the Commission attend this meeting. Jim Hunt will make a presentation on the Mental Health Services Act at the Commission's February meeting.

### **B. Area 4 Agency on Aging (A4AA) – Dave Soto**

Cathedral Center plans are moving forward and there will be a meeting with Supervisor Roger Dickinson to discuss plans with the County. On February 5<sup>th</sup> there will be a clean up of the center.

Grandparents Raising Grand Children workshop will be on January 28th on Florin Road. Cost will be \$5.00.

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The Senior Survey needs assessment is currently being worked on. There will be a public hearing on February 1 to discuss the results and A4AA activity for future. A4AA thanked the Commission for its role in helping distribute the surveys.

### C. DHA Volunteer Services – Katharine De Young

An annual report of the Senior Corps Programs was distributed. Ms. De Young reported that through the RSVP and Senior Companion programs, volunteers have provided over 170,000 hours of service through their involvement with many different organizations and activities. The foster grandparents program has received money to provide tutoring and mentorship to foster children schoolchildren within the Elk Grove Unified School District.

The Citizens Corps-Governing Council, under the USA Freedom Corps of Coordination Act, is looking into ways that volunteers can help in the event of an emergency and how to manage volunteers in a spontaneous event. The Capitol Regional Volunteer Collaborative is working with the Community Services Planning Council's has a new volunteer center and its volunteer program, which is Hands on Sacramento. They are currently working on a website that will list all volunteer opportunities within different organizations.

### D. Senior Nutrition Services—Janine Brown

Senior Nutrition Services started their new 800-number for the areas of Galt and South Sacramento. The Sacramento Housing & Community Development Block Grant (CDBG) helped serve 8,001 unduplicated seniors. Of those, 2900 were homebound seniors, and 1700 (2/3) were females living alone.

An RFP will be released to County contractors to bid on repairs to their building. Currently Pioneer Towers, with over 200 residents, is slated to lose its meal services. SNS can provide congregate meals, but cannot do home-delivery for that many. Ms. Brown is still waiting to hear back from someone at Pioneer Towers to get the issue resolved.

## V. PRESENTATIONS / DISCUSSIONS

### A. Committee Ratifications

New Commissioners can attend committee meetings to decide which committee to join. Outreach Committee is in need of more members. Nominating Committee needs three (3) more members.

**A motion was made (Deavens)/ seconded (Senegal) to approve committee assignments. Motion passed unanimously.**

- **A motion was made (Janian)/ seconded (Deavens) to nominate Betty Howell to Nominating Committee.**
- **A motion was made (Deavens)/ seconded (Fong) to nominate Al Blum to Nominating Committee.**
- **A motion was made (Howell)/ seconded (Deavens) to nominate Kelly Patterson to Nominating Committee.**

**A motion was made (Donnelly)/ seconded (Janian) to move slate of candidates for Nominating Committee. Motion passed unanimously.**

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### **B. ANNUAL REPORT**

The Accomplishments of 2004 and Goals for 2005 are scheduled to be presented to the Board of Supervisors. **A motion was made (Donnelly)/ seconded (Howell) to approve Annual Report. Motion passed unanimously.**

### **C. SPONSORSHIP OF ORAL HEALTH CARE GRANT**

The Commission was asked to sponsor and provide a limited role in an oral health care grant aimed at serving seniors. The Commission will have a dual role a) Select sites for screenings b) Assist in sponsorship and promotion. This event will not count as part of the outreach requirements.

**A motion was made (Deavens)/ seconded (Blum) to participate as sponsor for oral health care grant. Motion passed unanimously.**

It was expressed that future requests for Commission sponsorship or action should be submitted in a timely manner. The Commission needs time to process requests and be able to determine what steps to take and be able to answer questions.

### **D. A4AA ADVISORY COUNCIL LIAISON—MARION HOUPT**

Ms. Houpt advised that part of A4AA Advisory Council's Joint Performance Evaluation Committee (JPEC) role is to monitor the performance of its contractors and to take measures for contractors who perform under 95%. JPEC met 1/20/05 regarding two local providers who were under-performing -- Infoline and DHHS. InfoLine was at 89% performance and DHHS is at 3%. JPEC will recommend to the A4AA Governing Board on January 18 that funds be reduced for both programs. Currently they are recommending that they reduce 6% of funding which is about \$4,500. DHHS Disease Prevention has problems with staff turnover and the recommendation is to cut their funding by 50%.

Ms. Deavens asked if PRD plays a role in this process. Mr. Soto replied that it provides monthly reports to AAC Staff and it is the Commission's responsibility to remain informed. The issue was raised that Staff had never been informed on what exactly they were to be doing with the JPEC reports. **Staff will put this issue on the agenda for PRD Committee to review at their next meeting.**

Ms. Janian asked if it would help if organizations such as the Commission help raise awareness on Infoline and think of different ways of getting the name out in the community. Mr. Soto explained that Infoline has four different areas it is measured on: information contacts, assistance units, follow up, and outreach units of service.

Ms. Forseth-Andrews asked if there was a probation period. Mr. Soto stated that every month they provide a report and that after the first quarter they ask for a performance report and try and work with the organization. Cuts are done only after the 6-month performance review. The Commission receives these reports. Mr. Donnelly advised that Infoline is such an important service that A4AA should reconsider any type of cuts in service.

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**Commissioners agreed that the Commission should attend the A4AA Governing Board meeting on January 18 to oppose the recommendation to cut funding for InfoLine.**

Laurie Simon stated that over the past year and a half the turnover in staff has been a problem for Infoline. They are currently facing a staff shortage and have developed an outreach plan to hire new employees. They recently hired two new people and have a staff that provides services in 8 languages.

Ms. Bettis called attention to the OARC partnership with Info Line, and also suggested that SAS would work with Info Line regarding follow-up. It was suggested that a formal collaboration through an MOU be established between the Commission and Info Line.

**Mr. Donnelly suggested that the Commission Chair meet with Ms. Simon before the Governing Board meeting to determine ways the Commission can help Info Line.**

### VI. OTHER /ANNOUNCEMENTS

**VII. ADJOURNMENT:** The meeting was adjourned by consensus at 3:15 p.m.