

SACRAMENTO COUNTY ADULT AND AGING COMMISSION
MINUTES FEBRUARY 28, 2007

Adult & Aging Commission Attendance List:

Commissioners Present:

Cyrus Moazam
Pamela Flohr
Joe Samora
Geraldine Esposito
J. Randall Williams
Jewell Senegal
Kay Thiem

Janet Heath
Lynn Avery
Joseph Montoya
Bettie Howell

Barbara Payne, Ex-Officio, City of Galt
Lynn Davis, Ex-Officio, Sacramento
County

Commissioners Absent:

Peggy Forseth-Andrews
Gloria Sylvester

Karen Oosterman, Ex-Officio Folsom
Jim Lynch, Ex-Officio Citrus Heights

Guests Present:

Guy Klopp, DHHS
Melanie Rochin, CA Emergency Foodlink
Albert Blum
Chris Hicks, CCL
Suzanne Leininger, Pioneer Towers
Janine Brown, DHA/SNS

Laureen Anderson DHA/RSVP
Cordia Wade
Pat McVicar, A4AA
Dick Ryder, SAIF
Kimberly Dahl, CSA
Barbara Cox, Sacramento City Council

Staff Present:

Nancy Yavrom, Program Coordinator
Kevin O'Keefe, Program Coordinator (½ time)

CALL TO ORDER

Geraldine Esposito, Vice Chair, called the meeting to order. Ms. Esposito welcomed the public and reminded everyone that the Commission was happy to answer questions any time from the audience.

CONSENT CALENDAR

An amended Agenda was introduced. The Liaison report for A4AA and IHSS Advisory Committee had to be held until March.



It was moved/seconded (Montoya/Flohr) to approve the amended Agenda. Motion passed unanimously.

- The Minutes of January 24, 2007 were approved as read.

It was moved/seconded (Montoya/Samora) to approve the Minutes. Motion passed unanimously.

CHAIR'S DISCRETION

Special recognition was given to Commissioner Bettie Howell because this was her last meeting before relocating to the Monterey Bay area. Ms. Howell has served on the Commission since January 2003. She brought to the Commission her intelligence, professionalism, common sense, and respect. As Chair of the Nominating Committee in 2005-2006 as well as a member of that committee during 2006-2007 Ms. Howell contributed refinement to the process adding structure and depth.

REPORTS

Committee Chairs

Senior Profile Phase 2 Ad-Hoc Committee – Geraldine Esposito

- The Committee reviewed the most recent draft and was for the most part satisfied. A few changes and additions were decided upon. The next review will take place March 20, 2007 at the committee's regularly scheduled meeting.

Executive – Geraldine Esposito

- After being updated by the committees, the Executive moved onto several Discussion items that had to be moved forward for Commission ratification or approval. The following items were put on the agenda for this February 28 meeting: Change to Rules & Procedures' outreach requirements, Bi-Annual Report for Senior Adult Services July – December 2006, recommendation to appoint Joseph Montoya as second liaison to the A4AA Advisory Council, recommendation to appoint Al Blum as community member of the Oversight Committee, recommendation to endorse the A4AA CarFit workshop that will take place in May 2007, and the request of the Focal Point Designation Task Force to have authority to make recommendations to A4AA and the Board of Supervisors regarding Focal Point designation in light of the very tight timeline given this process.
- Commissioner attendance in 2006 was reviewed, and committee attendance was not strong. A memo from the Chair was made available to each Commissioner present at the meeting regarding the requirements for committee attendance.
- The Commission is currently working with Community Service Planning Council staff to gather facts about the future of the *Senior Guide*.

Nominating Committee – Joe Montoya



- The Committee had reviewed eight applications and picked two for interviews. However, the Committee did not have a quorum so the process will have to be repeated in early March.

Oversight – Joe Montoya

- There was lengthy discussion regarding the progress of the Senior and Dependent Adult System of Protection (SDASP) Community Awareness campaign. The sub-committee and the Working Group are working together to develop a speaker's bureau. Both groups are also working with Tracey Pope, Consultant, to develop the presentation that will be made to all the cities in Sacramento County regarding the System of Protection.
- Goals and Objectives have been set forth for the work being done to identify the Older Adult System of Care.

Program Review, Outreach, and Development (PROD) - Joe Samora

- Plans for Older Americans Month are progressing well. It is being arranged for the Chair and Vice Chair to make presentations honoring Older Americans Month at all the City Councils and the Board of Supervisors.
- PROD staff is following up on a strategy the Committee devised to distribute *Senior Profile 2004* and *Golden Pages*.
- The disaster preparedness report draft is being reviewed with the idea of using it as a skeleton to work from. The report will be completed during 2007.

Liaison Reports

Elder Death Review Team – Janet Heath

This team investigates suspicious deaths of elders. There are 24 members from diverse professions including law enforcement, medicine, care services, etc. It was the first in the country and is now being looked at as a prototype for other counties throughout the nation. Their task, in most simple terms, is to help the Coroner decide if a case should go to the District Attorney for prosecution. During 2007 cases from In-Home Supportive Services (IHSS) will be the focus for reviews.

Question: How does the Team get involved? Answer: *Often it comes from the Coroner or from a Team member, sometimes from APS.*

Commissioners

Cyrus Moazam – Reported that the program for Iranian seniors is doing quite well.

Pam Flohr – Compliments to staff

Lynn Avery – As new liaison to SETA's Community Action Board she will be attending meetings and public forums for requests for support.



Jewell Senegal – As Focal Point Liaison, Ms. Senegal made a visit to the Pannell Community Center and was very impressed.

Joe Montoya – As Focal Point Liaison to Stanford Settlement, he attended the Coordinating Council meeting. A health fair is being planned for May 18th and there is great hope for much support.

Joe Samora – Shared a newspaper article about the opening of the new Folsom Library. It is not yet known if this library will be the 28th out of 28 to have a display for Older Americans Month in May.

Bettie Howell – Ms. Howell had already expressed her appreciation to the Commission and shared her future plans. At this time she simply said, “Thank you.”

Randall Williams – Expressed gratitude to hear about additional ways that Commissioners serve besides attending the meetings.

Councilwoman Barbara Payne – Ms. Payne brought up some of the issues she hears about in the area of Galt. Seniors are concerned about identity theft because MediCal cards contain the social security number for ID. There was some discussion on the issue with a recognition that most of the private sector is starting to use other identifiers for people instead of their SS#. She also shared a story about a senior who had to pay \$500 to get rails put into her apartment bathroom because her living facility was licensed as an apartment complex rather than a senior living facility, thus dodging ADA requirements. This brought up many of the inequities which older people face.

Action / Discussion Items

a. Ratify change to Rules and Procedures 2.1.7.4. – outreach requirements

It was moved/seconded (Montoya/Flohr) to ratify the change to the Rules and Procedures regarding outreach requirements. Motion passed unanimously.

b. Ratify committee assignments for 2007

It was moved/seconded (Samora/Montoya) to ratify committee assignments for 2007. Motion passed unanimously.

c. Ratify Joseph Montoya as second Liaison to A4AA Advisory Council. Ratification will send Mr. Montoya’s name forward to the Board of Supervisors for appointment.

It was moved/seconded (Senegal/Flohr) to ratify Joseph Montoya as second Liaison to A4AA Advisory Council. Motion passed unanimously.

d. With the departure of Bettie Howell from the Nominating Committee, it is necessary for nominations to come from the floor to fill her spot (R & P 2.2.3.1.3). As there were no recommendations from the floor, this item will be held over for the March 28, 2007 agenda.



e. Approval of the Bi-Annual Report covering July – December 2006 for Senior Adult Services is recommended by the Executive Committee. The report had been made available to all Commission members ahead of time for review. Some very slight grammatical and punctuation corrections were made. **It was moved/seconded (Avery/Samora) to accept the Bi-Annual Report July – December 2006 as amended. Motion passed unanimously.**

f. The Executive Committee recommended to the Commission consideration of Al Blum, ex-commissioner, to be a voting community member of the Oversight Committee. **It was moved/seconded (Montoya/Howell) to accept the appointment of Al Blum as a voting community member of the Oversight Committee. Motion passed unanimously.**

g. Area 4 Agency on Aging (A4AA) is partnering with the Safety Center and Paratransit to hold a CarFit workshop in May. A planning meeting is being held March 6, 2007. A4AA has requested the endorsement of the Commission for the CarFit event. The Executive Committee has reviewed CarFit and the workshop being planned and recommended that the Commission endorse the event.

It was moved/seconded (Samora/Montoya) to endorse the CarFit workshop as it serves an important purpose for senior drivers. Motion passed unanimously.

h. The Commission with A4AA is currently working through the process of Focal Point designation for 2007. This process has a very stringent timeline and requires recommendations of senior and community centers to be made before the next Commission meeting. The Focal Point Designation Task Force, composed of Executive Committee members, Focal Point Liaisons, and a member of the A4AA Advisory Council, requests that the Commission give it authority to recommend to A4AA those sites that meet the criteria of A4AA.

It was moved/seconded (Montoya/Avery) to allow the Focal Point Designation Task Force to recommend those sites meeting the A4AA criteria to A4AA to be designated Focal Points for 2007. The Task Force must report to the Commission at the March 28, 2007 meeting. Motion passed unanimously.

PRESENTATION

Veterans' Administration Improved Grant – Richard Atha

Mr. Atha explained the basics of a VA Pension plan that has been around for a long time but has been improved. Veterans from any declared state of war from 1916 to the present is eligible as long as there was an honorable discharge, the veteran served 90 days of active duty with at least one day in one of the declared states of war. The Veteran has to be disabled OR over 65. Widow's benefits are included.

Questions and Answers:



Q: Do you have contacts in Sacramento that serve the homeless or homeless mentally ill? A: *No, however Mr. Atha would be glad to work with someone if called.*

Q: Can you go online for this information? A: *The VA government site should have all the information.*

Q: Is there a charge for consultation? A: *Not on the part of Mr. Atha. It is illegal to charge a veteran or widow anything over \$10.*

Q: How does a widow qualify? A: *The same way as the vet, but the widow does get less.*

AGENCY REPORTS –

DHHS, Senior and Adult Services Division – Guy Klopp

- Relative to the State budget, IHSS budget figures are tightening up because income estimates are not living up to expectations. The Legislative Analyst reports that the IHSS budget is too high. APS is even less likely to get any kind of raise. The County, too, is looking at budget reductions which will effect staffing.
- The IHSS Advisory Committee is desperately looking for additional members. Of course there is the seat for the Commission to fill, but there are two consumer seats and two provider seats that are also vacant.

Area 4 Agency on Aging – Pat McVicar

- Flyers for important workshops were handed out:
"Live Strong and Safe in Your Home and in Your Life," for caregivers, coming to Stanford Settlement May 16th
"Stay safe on the road at any age!" for senior drivers, March 20th at Pannell Center
- The Older Americans Act is finally funded. A4AA has had to work on a continuing resolution for a few months. All funding is flat except for nutrition programs that got a 3.5% raise.
- Hearing that Ron Clyma is back to work though on a very limited basis, the Commission sent him their best wishes for his recovery.

Department of Human Assistance (DHA) – Loreene Anderson (RSVP) and Janine Brown (SNS)

- Ms. Anderson spoke about the progress made since last month with the disaster readiness project for which RSVP received funding. Thirteen trainers have been trained so far. Only two of the five volunteers for InfoLine have been found up to now. They are holding classes to train Senior Companions and Elder Foster Parents so they will be prepared in case of a disaster event. Flyers were passed out for RDS, Readiness Disaster Survival, advertising about several safety classes scheduled in March and April.

Questions and Answers:

Q: The Commission is concerned about the planning for vulnerable adults in case of disaster. It sounds like this program is a good start. A: *Ms. Anderson is hoping it will*



snowball so that population is more likely to be served.

Q: Are prepared disaster kits available for low-income seniors? A: *Valeri Mihanovich of CSPC has found a grant resource for this type of expenditure*

Q: How large are the classes? A: *There can be up to 75.*

- Janine Brown spoke briefly about Senior Nutrition Services. She passed out a brochure about Home Delivered Meals.

PUBLIC COMMENTS –

Dick Ryder of the Department of Corporations expressed his gratitude to the Commission for allowing him opportunities to share about the many programs his office has related to protecting and educating seniors regarding financial abuse.

Adjournment - next meeting will be Wednesday, March 28 same time, same place.

