



## **EMERGENCY MEALS**

### **Friendship Park - Loaves & Fishes**

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#### **Breakfast**

1321 North C Street  
Sacramento, CA 95814  
(916) 446-0874

**Hours:** Monday through Friday 8:00 a.m. to 9:00 a.m. -  
Continental

**Serves:** Sacramento

**Eligibility:** Open

**How to Apply:** Walk-in

Daytime hospitality center in a park setting for homeless men, women and children. Light breakfast, recreation activities, short- and long-term locker storage, free telephones, library, shower, bathroom facilities, free ice and dog kennels for daytime use. Alcoholics Anonymous meetings, drug and alcohol counseling, poetry workshop twice a month. Sign up for services at the Service Center in Friendship Park.

### **Mary House - Loaves & Fishes**

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#### **Breakfast**

1321 North C Street  
Sacramento, CA 95814  
(916) 446-4961

**Hours:** Monday through Friday 8:00 a.m. to 9:00 a.m.

**Serves:** Sacramento

**Eligibility:** Women and Children (Children 0-18)

**How to Apply:** Walk-in

### **Glory Bound Street Ministry**

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#### **Breakfast**

4527 Parker Avenue  
Sacramento, CA 95820  
(916) 452-7078 Admin.  
(916) 849 1571 Public

Contact: Albert Freeman

**Hours:** Closed until March or April 2008

**Serves:** Open

**Eligibility:** All participants must attend church at 10:00 a.m. prior to receiving meal.

**How to Apply:** Walk-in



## **Wellspring Women's Center**

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### **Breakfast**

3414 Fourth Avenue  
Sacramento, CA 95817  
(916) 454-9688

**Hours:** Monday through Friday 7:30 a.m. - 11:30 a.m.

**Serves:** City of Sacramento, primarily Oak Park community, women with children of 16 years or younger.

**Eligibility:** Women, and children accompanied by their mothers

**How to Apply:** Walk-in

Drop-in center for poor women and children, primarily from the Oak Park community. Serves a light breakfast five mornings a week. Objective is to provide a safe, hospitable place for women to come for a respite from poverty. Seeks to raise the self-esteem of all female guests. Enrichment classes are offered to interested women, such as yoga, computer skills and poetry. Referrals to other agencies are given as needed.

## **Wind Youth Center**

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### **Breakfast**

701 Dixieanne Ave.  
Sacramento, CA 95815  
(916) 443-8333 Office

**Hours:** Monday through Friday 8:00 a.m. - 10:30 a.m.

**Serves:** Open

**Eligibility:** Homeless or at-risk adolescents ages 12 - 20

**How to Apply:** By referral or walk-in

Outreach to homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Nurturing, hot meals, shower, laundry facilities and emergency clothing. Counseling and referral services. On-site case manager for assessment, independent study and preparation for GED or school referral and placement for employment. Referrals for medical and dental care. Opportunity for recreation and socialization.

**Emergency shelter for youth ages 12-17.**

## **Loaves & Fishes - Dining Room**

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### **Lunch**

1321 North C Street  
Sacramento, CA 95814  
(916) 446-0874

**Hours:** Monday through Friday 11:30 a.m. - 1:00 p.m.

Saturday 11:00 a.m. - 12:30 p.m.; Sunday 11:00 a.m. - 12:30 p.m.

**Serves:** Open

**Eligibility:** Open

**How to Apply:** Walk-in with lunch ticket obtained at Service Center in Friendship Park  
Free hot lunch. Only women and children are allowed seating during the first hour.

### **Union Gospel Mission**

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#### **Lunch**

400 Bannon Street  
Sacramento, CA 95814

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(916) 447-5200

**Hours:** Sunday 11:00 a.m. - 1:00 p.m. (Lunch served at 12:00 p.m.)

**Serves:** Open

**Eligibility:** All participants must attend chapel service at 11:00 a.m. prior to receiving meal.

**How to Apply:** Walk-in for chapel service

### **WIND Youth Center**

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#### **Lunch**

701 Dixieanne Ave  
Sacramento, CA 95815  
(916) 443-8333 (Office)

**Hours:** Monday through Friday 12:05 p.m. - 12:45 p.m.

**Serves:** Open

**Eligibility:** Homeless or at-risk adolescents ages 12 - 20

**How to Apply:** By referral or walk-in

Outreach to homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Nurturing, hot meals, shower, laundry facilities and emergency clothing. Counseling and referral services. On-site case manager for assessment, independent study and preparation for GED or school referral and placement for employment. Referral for medical and dental care. Opportunity for recreation and socialization.

### **Summer Lunch Program**

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#### **Lunch**

6005 Folsom Blvd.  
Sacramento, CA 95819  
(916) 498-1000 Site information  
(916) 808-3812 City Office

**Serves:** Monday through Friday - Children, ages 1 - 18

**Eligibility:** Free lunch for children at qualified sites in the summer

**How to apply:** Call InfoLine Sacramento to learn site locations

**Glory Bound Street Ministry**

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**Dinner**

4527 Parker Ave

Sacramento, CA 95820

(916) 452-7078 Admin.

(916) 849-1571 Public

Contact: Albert Freeman

**Hours:** Closed until March or April

**Serves:** Open

**Eligibility:** Must attend church service before meal

Friday at 6:00 p.m., Sunday at 5:00 p.m.

**How to apply:** Walk-in

**St. Ignatius Catholic Church - Sharing God's Bounty**

**Dinner**

3235 Arden Way

Sacramento, CA 95864

(916) 482-9666 ext 217

**Hours:** 4<sup>th</sup> and 5<sup>th</sup> Wednesday; 6:00 p.m. - 7:00 p.m.

**Serves:** Open

**Eligibility:** Open

**How to apply:** Walk-in

Clothing, books, toiletries and an advice nurse are also available during the mealtime.

**St. Lawrence Catholic Church - Sharing God's Bounty**

**Dinner**

4325 Don Julio Blvd.

North Highlands, CA 95660

(916) 332-4777

**Hours:** Thursday 5:00 p.m. - 6:00 p.m., doors open at 5:00 p.m.

**Serves:** Open

**Eligibility:** Open

**How to Apply:** Walk-in

No income requirements, address verification, or age limitations. Food bags distributed at 5:00 p.m. when available.

**Union Gospel Mission**

**Dinner**

400 Bannon Street

Sacramento, CA 95814

(916) 447-3268

**Hours:** Seven days a week 8:30 p.m.

**Serves:** Open

**Eligibility:** Participants must attend chapel service 7:30 p.m. to 8:30 p.m. to receive a meal

**How to Apply:** Walk-in

2-1-1 Sacramento, a program of the Community Services Planning Council, is funded by First 5 Sacramento Commission, Sacramento Housing and Redevelopment Agency, Sacramento County Department of Human Assistance, Area 4 Agency on Aging, Sacramento County Superior Court, Child Abuse Prevention Council of Sacramento, Sacramento Employment & Training Agency and Sacramento Regional Office of Homeland Security.