



find help here

DROP-IN CENTERS

Francis House

1422 C Street, Sacramento, CA 95814
(916) 443-2646

Drop-in Hours: Mon-Wed 9:30-11:30am and 1-3 pm; Thu, Fri 1-3pm

Population Served: Open

Area Served: Open

Personal attention to the poor. Counseling referrals, hospitality, gas vouchers, personal hygiene items, bus tokens and client advocacy. Helps clients to get necessary identification including California ID, California drivers license and birth certificates. Boss Program provides support to individuals when they first become employed, including transportations, uniforms, and basic needs to maintain job employment. Lifeworks program provides assistance to individuals in finding a job.

Friendship Park - Loaves and Fishes

1300 North C Street, Sacramento, CA 95814
(916) 443-7378

Drop-in Hours: Mon-Fri 7am-2:45pm

Population Served: Open

Area Served: Open

Daytime hospitality center in a park setting for homeless men, women, and children. Breakfast, recreation activities, short-and long-term locker storage, free telephones, library, showers, bathroom facilities, free dog kennels for daytime use (dogs must be already immunized). Alcoholics Anonymous meetings, drug and alcohol counseling. Sign up for services at the Service Center in Friendship Park. Serve lunch on the weekends from 11am–12:30pm. Weekend lunch tickets are available from 8:30am–12pm.

Maryhouse - Loaves and Fishes

1321 North C Street, Suite 32, Sacramento, CA 95814
(916) 446-4961

Drop-in Hours: Mon-Fri 8am-2pm
Public Lounge: Mon-Fri 8am-3pm

Population Served: Homeless women and children

Area Served: Sacramento County

Daytime drop-in hospitality center for homeless women and children. Includes breakfast Monday through Friday, 8-9am, showers, counseling, self-help classes, housing and mental health referrals. All homeless women and children are eligible for services. Offers use of the facility as a mailing address, use of the telephone, personal toiletries, diapers and formula.

Wellspring Women's Center

3414 4th Avenue, Sacramento, CA 95817

(916) 454-9688

Drop-in Hours: Mon-Fri 7:30-11:30am

Population Served: Women, and children accompanied by their mothers

Area Served: Sacramento, primarily Oak Park

Continental breakfast for low-income women and children. Services include self-esteem building; referrals to housing, food, clothing; AIDS, drug and alcohol abuse treatment. Drop-in center provides a safe environment for socializing and assistance. Telephone access available. A computer class is offered Tuesday through Friday, 9-11am and a poetry group on Monday 1-2:30pm.

WIND Youth Center

701 Dixie Avenue, Sacramento, CA 95814

(916) 443-8333

Drop-in Hours: Mon-Fri 8am-4:30pm

Population Served: Homeless or at-risk adolescents ages 12 - 20

Area Served: Open

Outreach to homeless and runaway teenagers living on the streets, in abandoned buildings, in camps, etc. Nurturance, hot meals, shower, laundry facilities and emergency clothing, counseling and referral services. On-site case manager for assessment, independent study and preparation for GED or school referral and placement. Referrals for medical and dental care. Preparation for employment. Overnight shelter for at-risk adolescents ages 12 - 17. Opportunity for recreation and socialization.