

## MISC. SERVICES

### **CENTRO GUADALUPE**

730 S Street **443-5367**  
Multi services for Latino community  
Rental & Util. Assist., Bilingual, Jobs, Etc.,  
Immigration Program – Fee Involved

### **DEPT. OF HUMAN ASSISTANCE (WELFARE) SACRAMENTO COUNTY**

28<sup>TH</sup> & R (Call for assistance and locations)  
General Info & Medical **874-2072**  
Medical – M-F, 7:30AM-5PM **874-2256**  
Homeless Assistance (Food Stamps) **874-2063**  
Hand Imaging **874-3800**

### **EMPLOYMENT DEVELOPMENT DEPT.**

2901 50<sup>TH</sup> St (at Broadway) **1-800-300-5616**  
M-F 8am –5pm  
Job Services, Career Centers (Downtown)  
-Old Marshall School –2718 G Street  
-Broadway –801 Broadway  
(For one nearest you call 263-3800)

### **LEGAL SERVICES OF N. CALIF. 551-2150**

515 – 12<sup>th</sup> Street (at E)  
M-F 8:30-12, 1-5  
Problems with public benefits  
Landlord/Tenant; Call for appt.

### **LEGAL CENTER FOR THE ELDERLY 488-5298**

2862 Arden Way, Suite 200  
Free Legal services for seniors and low income  
Disabled, HICAP, M-F, 9-4 PM (Closed Noon-1pm)  
(No Landlord/Tenant Assistance)

### **SOCIAL SECURITY OFFICE 381-9410**

8351 Folsom Blvd.  
M-F 9:30 AM – 4:30 PM  
National Line **1-800-772-1213**

### **WELFARE RIGHTS 736-0616**

1901 Alhambra Blvd. (2<sup>nd</sup> Floor)  
M-F 9:00-5:00 CalWORKs, Food Stamps,  
Medi-Cal representation at hearings

### **MAIN COUNTY JAIL 874-6752**

651 – I Street

### **RIO COSUMNES CORRECTIONAL CENTER**

12500 Bruceville Road (Elk Grove) **874-1927**

### **WOMEN'S EMPOWERMENT PROGRAM**

1400 N. C Street **669-2307**  
8 wk program for homeless women to develop job  
readiness skills & personal strength. + Housing Assist.

# Street Sheet

## HOT LINES / EMERGENCY

**ALCOHOLICS ANONYMOUS** 24 hr. **454-1100**

**NARCOTICS ANONYMOUS** 24 hr. **732-2299**  
(American River Areas)

**SUICIDE PREVENTION HOTLINE** 24 hr. **368-3111**  
Auburn 1-530-885-2300, Lincoln 645-8866  
Roseville 773-3111

**If INTOXICATED, NON EMERGENCY CALLS 264-5471**  
Police wagon will pick up and deliver to VOA Detox

**INFOLINE SACRAMENTO 498-1000**  
INFORMATION & REFERRAL

### **CALIFORNIA YOUTH CRISIS LINE 1-800-843-5200**

Counseling services, I & R (www.youthcrisisline.org)  
for all of California RE: medical services, shelters, crisis centers,  
AIDS testing and transportation info.

### **NAT. RUNAWAY SWITCHBOARD 1-800-621-4000**

Crisis intervention, Counseling  
Message center for kids & adults  
(Confidential - 24 hrs.)

**RAPE CRISIS LINE (WEAVE) 24 hr. 920-2952**  
Domestic Violence & Sexual Assault

**RED CROSS 24 hr. 368-3131**  
Emergency and Disaster Only **1-800-540-2000**

## OUTREACH SERVICES

### **LOAVES & FISHES**

12<sup>TH</sup> & North C Streets  
Administration (General Info) **446-0874**  
Jail Visitation **447-9472**  
Page Friendship guest at **443-9499**  
Clean & Sober **498-0331**  
Mustard Seed School **447-3626**  
Genesis (Mental Health) **669-1536**  
Legal Clinic (SSI-SSA) **498-0349**

### **VOLUNTEERS OF AMERICA**

Halcyon Place – Outreach Van **736-6727**

PDF Master Copy available by  
email: [admassist@franchisefirst.com](mailto:admassist@franchisefirst.com) or call Greg or Leah  
at Francis House ~ 443-2646 for a copy or to recommend  
changes.

*Updated – August 15, 2007*

**FREE CLOTHING**

**SACRAMENTO FOOD BANK** 456-1980  
3333 Third Avenue (at Broadway)  
Food Closet, M-F, 10 – 1:30 PM, must have ID + SS#  
Bag Lunch every Sunday 10-1:30 PM  
Clothes Closet 10-1:30 PM, Mon–Fri. (except Holidays)  
Mother/Baby Program–10 AM-1:30 PM, Mon-Thurs.

**UNION GOSPEL MISSION** 447-3268  
400 Bannon St.  
Men: For showers, shave, & clothing- 9-11am  
& 1-2:45 pm, Mon thru Thurs. Utility Assist by appt only

**SHELTER PROGRAMS**

**DIOGENES HOUSE** 363-0063  
24 hr. Line 1-800-339-7177  
Boys and Girls 10-17, Runaways, Trans Living 18-21  
Counseling – Family / Individual  
& Pregnancy Counseling for 18-21

**FAMILY PROMISE** 443-3107

**HOME START**–Roseville, Families Only! 782-6667

**SACRAMENTO AREA EMERGENCY HOUSING CENTER** 455-2160  
24 hr  
2925 34<sup>th</sup> Street (also a Food Closet at this address M-F)  
Family Shelter –Families, single fathers w/ children  
Women’s Refuge –Single women, no children  
Call for screening / space availability 455-0415

**SALVATION ARMY SHELTER** 442-0331  
12<sup>TH</sup> & North B St.  
1 PM (M-F) bed sign-up – Women only  
1 PM (M-F) bed sign-up – Men only  
Dinner, breakfast & clothing for residents  
UTILITY ASSISTANCE & food boxes 442-0303  
Thrift Shop 448-0890

**SHELTER PLUS CARE – Non-Emergency** 874-4304  
Subsidized housing program for those with  
Mental Illness, Substance Abuse, HIV +/- Aids  
Case Managers must contact

**ST. JOHN’S SHELTER** 453-1482  
4410 Power Inn Road  
Women and Children, 60-day max stay  
Weekdays – Call for Intakes  
Meals and showers provided for our guests.  
No boys over 14 yrs. D&A & Mental Health Counseling

**MEDICAL CARE**

**BIRTHING PROJECT CLINIC** 558-4800  
1900 T Street M-Fr., 8-5 PM, Family Planning &  
Pre-Natal Care. Spanish Spoken

**CAPITAL HEALTH CLINIC** 874-5302  
1500 C Street (at 15th)  
Adults, no I.D. required, M-F 8-5

**THE EFFORT MEDICAL CLINIC** 325-5556  
(AQUARIAN) 1820 J St.  
Adults, children, M-F 5-8:30 PM Drop-in  
General Health Care, Confidential HIV testing  
Call after 3 PM for Tests. Physicals anytime- Scale Fees

**MERCY CLINIC (L&F)** 446-3345  
1321 No. C St. (at 12<sup>th</sup>) **General Med Care**  
No I.D. required, M-F 7:30-NOON & 1-3:30 PM  
For people without SSI/Medical who are homeless  
Sign-ups in Friendship Park, 7:30AM till 11:30  
Walk-ins OK 1-3:30 PM

**PRIMARY CARE CENTER** 874-9670  
Enter at 4600 Broadway  
General Health Care 7 AM –5 PM, M-Fri  
For homeless 21 – 65 yrs old  
HIV Testing- Call for Appt. 874-7720

**OAK PARK CLINIC** 875-2995  
3415 Martin Luther King Blvd.  
Medical for Public Health 8–5 PM  
& child clinic for 95816, 17, 18, 20  
HIV Testing – (Walk In) 874-7720

**DENTAL CARE**

**SACRAMENTO DENTAL CLINIC** 874-8300  
1500 C Street (at 15<sup>th</sup>) Suite A  
Adults–Emergency Dental @ 7:40 AM & 12:30 PM  
After Screening Appointments, M-F 7:40-5:00 PM,  
No walk in patients

**AIDS**

**AIDS EDUCATION & PREVENTION** 874-7720  
1500 C Street  
By appointment only – Testing Only

**BREAKING BARRIERS** 447-2437  
2020 V Street  
Works with HIV +/- AIDS, Homeless & Breast Cancer  
M-F, 9 AM – 5PM  
Sat. from 12:00-3:00 PM

**CARES (Treats HIV & AIDS)** 443-3299  
1500 - 21<sup>ST</sup> Street

**(Food Closets/Banks Continued)**

**SACRAMENTO FOOD BANK** 456-1980  
3333 Third Avenue (at Broadway)  
M-F 10 AM-1:30 PM  
Every Sun 12-1:30, ID required (SS card OK), Proof of Address. Serves specific Zip Codes (call).  
Also Clothes Closet 10 AM to 1:30 PM  
& Mother Baby Program M, T, W, TH 10 AM to 1:30 PM

**SIERRA ARDEN FOOD CLOSET** 483-1942  
890 Morse Avenue (Zips 95825 & 95864)  
T-F 10-11:45 AM

**WIC – Women, Infants, and Children** 326-5830  
**Nutrition Program**  
915 Broadway (call for other locations)  
Pregnant women and mothers with infants & children.  
M, Tu, Th, Fr 8:15-4:15 PM & Wed. 8:15-6 PM Call for Appt., MediCal Form, proof of income, address & picture ID required.

**RANCHO CORDOVA COMMUNITY FOOD LOCKER** 364-8973  
10497 Coloma Rd. (St. John Vianny Church)  
M, W, F 9:30 AM–1:30 PM. Serves 95670, 742, 655, 683, 826, 827, & 830. Once every 30 Days. SS ID required

**FIRST UNITED METHODIST CHURCH** 446-5025  
2100 J Street  
Meal Served on 3<sup>rd</sup> Tuesday each month 5-6:30PM

**DETOX CENTERS**

**THE EFFORT DETOX CENTER** 691-3417  
7586 Stockton  
Alcohol Residential Detox Facility. Detox for Adults from Opiates or Stimulants. Call first – waiting list, 14 day Detox period - \$1,650 or County Beds

**VOLUNTEERS OF AMERICA THE DROP IN CENTER (DETOX)** 448-1236  
700 North 5<sup>th</sup> Street  
Drinking Adults, Alcoholics only  
24 Hour Sleep Off Center, Screened  
72-hr. sobriety for Recovery Home  
Comprehensive Alcohol Treatment Center

**ALCOHOL & DRUG SERVICES** 874-9754  
Sacramento County Dept of Health & Human Services  
4875 Broadway Ste. #129  
Assessment for Alcohol & Drug Treatment

**(Shelter Programs Continued)**

**VOA WINTER OVERFLOW**  
9-3 PM sign-up Men/Women/Children  
Bused from back of Friendship Park (L&F) after dinner  
Intakes between 3 & 5 PM Nov. 1 – March 31

**TRAVELERS AID SOCIETY** 399-9646  
2251 Florin Road #130  
Assistance for Emergency Housing  
Homeless Families ONLY, call first for appt.  
M-F, 9-12 & 1-4, Attendants on duty after 5:30 PM

**UNION GOSPEL MISSION** 447-3268  
400 Bannon St.  
6:30-6:45 PM. Bed sign-up –Men ONLY  
Showers/Shaves 9-11 AM & 1-3 PM, M-Th, 9-11 Fri.  
6 A.M. breakfast for residents

**VOLUNTEERS OF AMERICA**  
Office 442-3691  
Halcion Place 736-6727  
“Aid in Kind” 443-4688

**WEAVE 24 Hr. crisis line** 920-2952  
Office 448-2321  
For Abused & Battered Women and Children  
Crisis Counseling, Safe Houses for Women and Children, also Children’s Program + Services in Spanish

**WIND YOUTH CENTER** 443-8333  
701 Dixicanne Ave.,  
Emergency Shelter for Youth, 12-17 yrs. Day Center & Charter School.

**MENTAL HEALTH SERVICES**

**GUEST HOUSE (El Hogar)** 440-1500  
1400 No. A St., Bldg. A  
Homeless Mental Health Clinic  
M-F – Must be there at 8:00 a.m. to get appt.  
Mental Health Evaluation, Medication if needed.  
Housing Referrals for Mentally ill, GA referrals,  
SSI application, Referrals to Alcohol and Drug Counseling

**SACRAMENTO COUNTY MENTAL HEALTH**  
2150 Stockton Blvd. (at T) 24 hr. 875-1000  
**Crisis Line** 732-3637  
Will evaluate for voluntary psychiatric care  
In-Patient Care Facility, Drop-in, 24 Hr.

**TLCS** 440-1500 (x 2)  
1400 North A Street  
Supported Housing & Entitlement Program  
Walk-ins 8-11 AM

## COUNSELING CENTERS

**THE EFFORT – COUNSELING (Aquarian) 368-3080**  
8912 Volunteer Lane, Suite #100  
**M-Thurs. 9AM-8:30PM / Fri. 9AM-5PM**  
Adults, Youth, Chemical dep., abuse. Scale Fee  
A & D Counseling, Group Counseling, HIV test by appt.

**FRANCIS HOUSE 443-2646**  
1422 C St.  
(25 numbers are handed out per shift, arrive early to get a #)  
**Mon.-Wed. 9AM & 12:30PM, / Thurs- Fri. 12:30PM**  
Resource Counseling, local bus tickets, Grey Hound/Return to  
Res. & Gas Vouchers, CA ID's & Birth Cert., LifeWorks Employ.

**SACRAMENTO SELF-HELP HOUSING 341-0593**  
Various Locations - Housing Referrals & shared housing

## HOT MEALS

**GLORY BOUND MINISTRIES 452-7078**  
4527 Parker Street  
Church services 6 PM-Tues-Fri and Sun-10:30 am & 5 pm  
W/Dinner after, Spanish services Sat 4pm & Sun, 12 pm

**LOAVES & FISHES 446-0874**  
1321 No. C (at 12<sup>th</sup>)  
For Meals: Mon-Fri 11:30-1 PM, Sat & Sun 11:00-12:30  
(Tickets 7 a.m.-12:30 pm at Friendship Park)

**ST. IGNATIUS LOYOLA PARISH**  
3235 Arden Way **482-9666 ext. 217**  
Meals served on the 4<sup>th</sup> Wed. of mo. 6-7PM & 5<sup>th</sup> Wed

**ST. PHILOMENES 481-6757**  
2428 Bell St. (at El Camino) Tue. 6:00-7:00 PM  
Meal is served in School Gym at 2320 El Camino

**ST. LAWRENCE CHURCH 332-4777**  
4325 Don Julio Blvd., North High. Thurs. 4:30-6 PM

**WILLIAMS MEMORIAL COGIC 453-9033**  
4995 ML King Jr. Blvd.  
11AM-2PM, 3<sup>rd</sup> Fri. of each month. Must live in zips  
95817, 95820, 95816. Proof of address & photo ID req.  
Food program provides 5 days food per eligible person

**ST. VINCENT DePAUL 781-3303**  
Roseville Hot Meals Wed., Th & Sat 12-1:30 & Sun 2:30-4 pm.  
At 141 Riverside. Clothes vouchers T & Th only 10-3 PM  
Showers T, W, Th & Sat 9-11 AM. Food Locker 137 Riverside  
For Placer Co Residents T, W, Th, F, & Sat 9:00-11:30

**UNION GOSPEL MISSION 447-3268**  
400 Bannon St. (North B St. at 12<sup>th</sup>)  
Church Services 7:30 (required), Dinner following  
7 days, Sunday Services 11 a.m., w/lunch following

## DAY SHELTERS / HOSPITALITY CENTERS

**FRIENDSHIP PARK (L&F)**  
No. C at 12<sup>th</sup> Street  
Men & Women Drop-in 7am to 2:45 pm M-F,  
Coffee & Food 7:8:30 AM, M-F  
Showers M, W, F 7-2PM, Tu & Th 7-10:30 AM  
Laundry Vouchers M-F, 9AM  
Haircut Vouchers M-F Page Guest @443-9499

**MARYHOUSE (L&F) (HOMELESS) 446-9661**  
1321 No. C St. (at 12<sup>th</sup>) #32  
Women and Children, 8:00 am-2 pm  
Breakfast 8-9 AM, M-Fri. Lunch 11:30-1:00, M-F  
Showers & Laundry Vouchers available to members,  
Mailing Address. Well Child Clinic on Tues.  
Anger Management & Parenting Classes

**UNION GOSPEL MISSION 447-3268**  
400 Bannon Street  
All Services 9-11 & 1-3 M-Th. 9-11 on F & S  
Showers, Shaves. Also provides Mail Address Service, &  
Clothes Closet (ID required. Men Clothes only- call)

**WELLSPRING WOMEN'S CENTER 454-9688**  
3414 4<sup>th</sup> Avenue  
M-F, 7:30-11:30AM, Hospitality Center for Mothers  
& Children, Breakfast served. Classes in Poetry & Creative  
Writing on Mon. afternoons, Computers-beg. Tu-Fr. 9-11am

**UNITED CHRISTIAN CENTER 372-8980**  
110 6<sup>TH</sup> Street, West Sacramento  
Yolo residents only, M-Th, 8:30am-1:30 pm. Showers & Laundry  
1-1:30. Food Locker-Wed. only w/referral from Welfare office  
10-11 am. Clothes Closet. Transitional family housing at 110 6<sup>th</sup>  
St. West Sac.

## FOOD CLOSETS/FOOD BANKS

**CENTRAL DOWNTOWN FOOD BASKET 761-5624**  
1701 L St St. John's Lutheran Church at Goethe Hall  
Groceries & USDA (814 & 816 zip) on Thurs. only, 10:30-?,  
available 4x per month, for seniors 8:30-10:30 Thurs. Then  
General Public from 10:30 till food runs out.

**RIVER CITY COMMUNITY SERVICES 446-2627**  
1322 27<sup>TH</sup> St. (between Capital & N Streets)  
M-F 11:30-3PM Once every 30 days  
ID required for all family members; Medi-Cal cards best.  
Serves all of Sacramento County

**ST. MATHEWS CHURCH 927-0115**  
2300 Edison Avenue  
Food-Tues & Thurs, 10 to 11:30 AM  
Only 95821 Zip Code-Clothing-Sat 9AM to NOON